Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ My Group # \_\_\_\_\_\_

**Mental Health Teaching Project- 55 pts**

You will be put into groups for this project. Your group will be assigned a mental health topic and research questions, it is then your groups responsibility to come up with the information for students to fill in on their note sheet, a visual or phrase that symbolizes your topic easily (this should be included in your presentation), a short activity about your topic (a few questions for the class, a short game, etc), and decide who is teaching what part. Everyone needs to do their part in the group, if you are not working you’ll be sent to SAL to do the entire notes packet alone. Typically two groups will present per class. **Computer lab: 8-22 and 8-23 (B316 Computer lab)**

**Date my group is teaching the class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Day 1 8-24 (Wed) Group 1:** Topic: Anxiety and Depression (health book pages 114-116)

Questions:

* What is Anxiety? What are some symptoms? What can you do to cope with anxiety?
* What is depression? What are the symptoms, causes, treatments?
* What are some depression warning signs? What should you do if you know someone showing warning signs?

**Group 2:**

Topic: Mental Disorders (page 118, 119)

Questions:

* What are Mental Disorders?
* How many people (approximately) in the US are affected by mental disorders each year? Why do many people not seek treatment?
* What is a Stigma? How can we take it away from mental disorders?
* What are Anxiety Disorders?

**Group 3:**

Topic: Phobia and Obsessive Compulsive Disorder (Anxiety Disorders)

Questions: Discuss the disorder, causes, symptoms, and possible treatment methods

**Day 2 8-25 (Thurs)**

**Group 4:**

Topic: Panic Disorder and Post Traumatic Stress Disorder (Anxiety Disorders)

Questions: Discuss the disorder, causes, symptoms, and possible treatment methods

**Group 5: (pages 119-120)**

Topic: Impulse Disorders (what are they), Kleptomania, Cutting

Questions: Discuss the disorder, causes, symptoms, and possible treatment methods

**Day 3 8-26 (Friday)**

**Group 6: (pages 119-120)**

Topic: Pyromania, Excessive Gambling, Compulsive Shopping (Impulse Disorders)

Questions: Discuss the disorder, causes, symptoms, and possible treatment methods

**Day 3 (8-26) Friday**

**Group 7: (pages 120-121)**

Topic: Eating Disorders, Mood Disorders

Questions: Discuss what eating disorders and mood disorders are, causes, examples of each, and possible treatment methods

**Day 4 8-30 (Tuesday) *\* Picture day is 8-29 so no groups will present on that day***

**Group 8:**

Topic: Conduct Disorders, Schizophrenia (mood disorders)

Questions: Discuss the disorder, causes, symptoms, and possible treatment methods

**Group 9:**

Topic: Personality and Bipolar Disorder (mood disorders)

Questions: Discuss the disorder, causes, symptoms, and possible treatment methods

**Checklist for your group: 10 pts each, 55 points total**

* \_\_\_\_\_Information is going to be provided to the class for each of your sections questions in your presentation.
* \_\_\_\_\_The way you’re presenting your info to the class (powerpoint, using the smartboard, prezi, etc) is completed and looks professional. Make it interesting. Must be class appropriate.
* \_\_\_\_\_A picture or phrase to help the class remember this information (if you had disorders you can have one picture/phrase per disorder) included in your presentation. Must be class appropriate.
* \_\_\_\_\_A short activity goes along with your lesson (questions, game, etc). Must be class appropriate.
* \_\_\_\_\_Presentation of your topic to the class
* \_\_\_\_\_Grading sheet on your partners (5 pts), you’ll do this in class on the day you present.