Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Period:\_\_\_\_\_\_\_\_\_

Chapter 1 Vocabulary Review Worksheet

For each vocabulary word draw a picture, write the definition in your own words OR write a phrase to help you remember what it was.

Remember to look over and/or jot down the definitions to these words, keep this worksheet to study off of for your quiz. You may also want to make flashcards of these words to help you remember!!! ☺ Quiz on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

|  |  |  |
| --- | --- | --- |
| Health-  Spiritual Health-  Wellness-  Physical Health-  Heredity-  Environment- | Peers-  Culture-  Media-  Technology-  Risk Behaviors-  Cumulative Risks-  Prevention- | Abstinence-  Lifestyle Factors-  Health Education-  *Healthy People-*  Health Disparities-  Health Literacy- |

In the space below give two examples of life factors/behaviors and how that behavior can cause a positive or negative effect in your mental, physical and social health (depending on the behavior):